

※Sheets 2

Standard Records

| | | 9 and under | 10~11 year's old (Age 10) | 12~13 year's old (Age 11) | 12~13 year's old (Age 12) | (Age 13) | 14~15 year's old (Age 14) | (Age 15) | 16~17 year's old (Age 16) | (Age 17) | 18 and over (Age 18) | (over) |
|-------|-------|----------------|------------------------------|------------------------------|------------------------------|----------|------------------------------|----------|------------------------------|----------|-------------------------|----------|
| Men | | | | | | | | | | | | |
| FR | 50m | 35.70 | 33.60 | 30.80 | 29.40 | 28.10 | 27.10 | 25.90 | 25.40 | 24.60 | 24.40 | 23.60 |
| | 100m | | 1:13.20 | 1:07.20 | 1:04.10 | 1:00.40 | 58.90 | 56.10 | 55.30 | 53.30 | 53.00 | 51.60 |
| | 200m | | 2:33.40 | 2:25.20 | 2:18.40 | 2:09.90 | 2:04.30 | 2:01.50 | 1:58.70 | 1:56.50 | 1:56.00 | 1:52.90 |
| | 400m | | | | 4:46.30 | 4:34.70 | 4:24.10 | 4:15.70 | 4:12.80 | 4:05.70 | 4:04.60 | 4:00.40 |
| | 800m | | | | 9:20.80 | 9:10.80 | 9:00.00 | 8:47.50 | 8:31.90 | 8:19.10 | 8:09.80 | 8:04.80 |
| | 1500m | | | | 16:30.00 | 16:15.00 | 16:00.00 | 15:50.00 | 15:40.00 | 15:30.00 | 15:20.00 | 15:10.00 |
| BA | 50m | 40.40 | 38.20 | 34.90 | 33.50 | 31.50 | 31.30 | 29.70 | 29.00 | 28.00 | 27.00 | 26.00 |
| | 100m | | 1:22.50 | 1:15.60 | 1:12.30 | 1:07.40 | 1:03.60 | 1:01.70 | 1:00.30 | 59.10 | 58.30 | 56.10 |
| | 200m | | | | 2:36.10 | 2:24.90 | 2:18.40 | 2:13.20 | 2:10.10 | 2:07.70 | 2:07.10 | 2:02.90 |
| BR | 50m | 45.50 | 42.30 | 37.30 | 36.50 | 34.30 | 33.30 | 31.80 | 31.10 | 30.10 | 29.50 | 28.90 |
| | 100m | | 1:31.40 | 1:22.60 | 1:18.90 | 1:14.10 | 1:10.90 | 1:08.60 | 1:07.10 | 1:05.10 | 1:03.70 | 1:02.30 |
| | 200m | | | | 2:46.70 | 2:36.50 | 2:33.40 | 2:26.20 | 2:22.80 | 2:19.80 | 2:16.20 | 2:14.40 |
| FLY | 50m | 38.40 | 36.10 | 32.90 | 31.40 | 29.60 | 28.90 | 27.60 | 27.00 | 26.00 | 25.90 | 24.90 |
| | 100m | | 1:20.50 | 1:13.70 | 1:08.90 | 1:04.50 | 1:01.50 | 59.90 | 58.20 | 56.80 | 56.30 | 54.90 |
| | 200m | | | | 2:31.40 | 2:23.30 | 2:14.80 | 2:10.10 | 2:06.90 | 2:04.80 | 2:03.20 | 2:02.20 |
| IM | 200m | 3:07.70 | 2:52.30 | 2:42.00 | 2:34.00 | 2:22.40 | 2:18.00 | 2:14.70 | 2:11.60 | 2:09.10 | 2:08.50 | 2:04.30 |
| | 400m | | | | 5:25.70 | 5:07.40 | 4:59.30 | 4:44.80 | 4:38.20 | 4:33.00 | 4:31.70 | 4:25.60 |
| | | 9 and under | 10~11 year's old (Age 10) | 12~13 year's old (Age 11) | 12~13 year's old (Age 12) | (Age 13) | 14~15 year's old (Age 14) | (Age 15) | 16~17 year's old (Age 16) | (Age 17) | 18 and over (Age 18) | (over) |
| Women | | | | | | | | | | | | |
| FR | 50m | 36.00 | 34.00 | 31.70 | 30.20 | 29.20 | 28.70 | 28.40 | 28.20 | 27.60 | 27.50 | 26.80 |
| | 100m | | 1:15.50 | 1:08.80 | 1:05.90 | 1:03.20 | 1:02.00 | 1:01.50 | 1:00.50 | 59.90 | 59.50 | 58.00 |
| | 200m | | 2:36.80 | 2:28.50 | 2:23.30 | 2:18.10 | 2:16.70 | 2:12.20 | 2:09.80 | 2:08.70 | 2:08.10 | 2:04.60 |
| | 400m | | | | 5:00.10 | 4:45.00 | 4:42.30 | 4:37.30 | 4:32.20 | 4:26.90 | 4:23.60 | 4:18.00 |
| | 800m | | | | 9:20.80 | 9:12.00 | 9:08.00 | 9:04.00 | 9:00.00 | 8:55.00 | 8:50.00 | 8:40.00 |
| | 1500m | | | | 17:55.00 | 17:50.00 | 17:45.00 | 17:40.00 | 17:35.00 | 17:30.00 | 17:20.00 | 17:10.00 |
| BA | 50m | 41.00 | 38.10 | 35.10 | 34.30 | 33.20 | 32.60 | 31.50 | 31.00 | 30.40 | 30.30 | 29.40 |
| | 100m | | 1:23.00 | 1:16.40 | 1:13.70 | 1:11.40 | 1:10.30 | 1:07.90 | 1:06.60 | 1:05.50 | 1:05.20 | 1:03.10 |
| | 200m | | | | 2:37.40 | 2:32.50 | 2:29.30 | 2:24.10 | 2:21.40 | 2:20.60 | 2:19.90 | 2:15.70 |
| BR | 50m | 46.30 | 42.80 | 39.20 | 38.30 | 36.70 | 36.30 | 35.20 | 34.60 | 34.10 | 33.90 | 33.30 |
| | 100m | | 1:32.70 | 1:24.90 | 1:22.30 | 1:18.80 | 1:18.00 | 1:15.60 | 1:14.20 | 1:13.70 | 1:13.30 | 1:11.20 |
| | 200m | | | | 2:54.10 | 2:47.70 | 2:46.00 | 2:41.00 | 2:38.00 | 2:36.50 | 2:35.70 | 2:30.80 |
| FLY | 50m | 38.60 | 36.30 | 33.80 | 32.70 | 31.70 | 31.20 | 30.30 | 29.70 | 29.30 | 29.10 | 28.30 |
| | 100m | | 1:20.60 | 1:14.80 | 1:12.40 | 1:10.00 | 1:09.00 | 1:06.90 | 1:05.70 | 1:04.70 | 1:04.40 | 1:01.80 |
| | 200m | | | | 2:37.30 | 2:32.90 | 2:29.40 | 2:24.70 | 2:22.00 | 2:20.70 | 2:20.10 | 2:15.50 |
| IM | 200m | 3:09.70 | 2:53.70 | 2:44.90 | 2:38.90 | 2:34.80 | 2:32.50 | 2:28.10 | 2:25.30 | 2:23.60 | 2:22.90 | 2:19.10 |
| | 400m | | | | 5:34.20 | 5:25.50 | 5:20.40 | 5:10.90 | 5:05.10 | 5:01.60 | 5:00.10 | 4:52.50 |