

参加標準記録

		①	②		③		④		⑤		⑥	
		(9歳以下)	(10歳)	(11歳)	(12歳)	(13歳)	(14歳)	(15歳)	(16歳)	(17歳)	(18歳)	(19歳以上)
男子												
自由形	50m	:35.7	:33.3	:30.5	:29.1	:27.8	:26.8	:25.6	:25.1	:24.3	:24.1	:23.3
	100m		1:12.6	1:06.6	1:03.5	1:00.3	:58.5	:56.0	:54.7	:52.7	:52.4	:51.0
	200m		2:37.0	2:24.0	2:18.4	2:10.6	2:06.3	2:01.5	1:58.7	1:55.3	1:54.7	1:51.7
	400m				4:53.9	4:37.3	4:27.7	4:16.3	4:10.4	4:03.3	4:02.2	3:58.0
	800m				8:35.0	8:30.0	8:25.0	8:20.0	8:15.0	8:10.0	8:05.0	8:00.0
	1500m				16:10.0	16:00.0	15:50.0	15:40.0	15:30.0	15:20.0	15:10.0	15:00.0
背泳ぎ	50m	:40.4	:37.9	:34.6	:33.2	:32.1	:31.0	:29.4	:28.7	:26.8	:26.7	:25.7
	100m		1:21.9	1:15.0	1:11.7	1:06.8	1:04.5	1:01.1	:59.7	:58.0	:57.7	:55.5
	200m				2:36.1	2:24.9	2:20.4	2:13.2	2:10.1	2:06.5	2:05.9	2:01.7
平泳ぎ	50m	:45.5	:42.0	:37.0	:36.2	:34.0	:33.0	:31.5	:30.8	:29.8	:29.7	:28.6
	100m		1:30.8	1:22.0	1:18.3	1:13.5	1:11.3	1:08.0	1:06.5	1:04.5	1:04.1	1:01.7
	200m				2:46.7	2:36.5	2:33.4	2:26.2	2:22.8	2:18.6	2:18.0	2:13.2
バタフライ	50m	:38.4	:35.8	:32.6	:31.1	:29.8	:28.7	:27.3	:26.7	:25.7	:25.6	:24.6
	100m		1:19.9	1:13.1	1:09.1	1:05.4	1:03.1	1:00.0	:58.6	:56.5	:56.2	:54.3
	200m				2:31.4	2:23.3	2:18.8	2:12.0	2:08.9	2:04.6	2:04.0	2:01.0
個人メドレー	200m	3:07.7	2:56.1	2:40.8	2:34.0	2:25.4	2:21.0	2:14.7	2:11.6	2:07.9	2:07.3	2:03.1
	400m				5:25.7	5:07.4	4:59.3	4:44.8	4:38.2	4:30.6	4:29.3	4:23.2
女子												
自由形	50m	:36.0	:33.7	:31.4	:30.6	:29.8	:29.3	:28.4	:27.9	:27.3	:27.2	:26.5
	100m		1:14.9	1:08.6	1:06.3	1:04.3	1:03.5	1:01.6	1:00.4	:59.5	:59.2	:57.4
	200m		2:40.6	2:27.3	2:23.3	2:18.1	2:16.7	2:12.2	2:09.8	2:07.5	2:06.9	2:03.4
	400m				5:03.1	4:50.3	4:46.7	4:37.3	4:32.2	4:26.9	4:25.6	4:21.0
	800m				9:16.0	9:12.0	9:08.0	9:04.0	9:00.0	8:55.0	8:50.0	8:40.0
	1500m				17:45.0	17:40.0	17:35.0	17:30.0	17:25.0	17:20.0	17:10.0	17:00.0
背泳ぎ	50m	:41.0	:37.8	:34.8	:34.0	:32.9	:32.3	:31.2	:30.7	:30.1	:30.0	:29.1
	100m		1:22.4	1:15.8	1:13.1	1:10.8	1:09.7	1:07.3	1:06.0	1:04.9	1:04.6	1:02.5
	200m				2:37.4	2:32.5	2:29.3	2:24.1	2:21.4	2:19.4	2:18.7	2:14.5
平泳ぎ	50m	:46.3	:42.5	:38.9	:38.0	:36.4	:36.0	:34.9	:34.3	:33.8	:33.6	:33.0
	100m		1:32.1	1:24.3	1:21.7	1:19.4	1:18.6	1:16.2	1:14.8	1:13.7	1:13.3	1:10.6
	200m				2:54.1	2:48.9	2:47.2	2:42.2	2:39.2	2:36.5	2:35.7	2:30.8
バタフライ	50m	:38.6	:36.0	:33.5	:32.4	:31.4	:30.9	:30.0	:29.4	:29.0	:28.8	:28.0
	100m		1:20.0	1:14.2	1:11.8	1:09.4	1:08.4	1:06.3	1:05.1	1:04.1	1:03.8	1:01.2
	200m				2:37.3	2:32.9	2:29.4	2:24.7	2:22.0	2:19.5	2:18.9	2:14.3
個人メドレー	200m	3:09.7	2:57.5	2:43.7	2:38.9	2:34.8	2:32.5	2:28.1	2:25.3	2:22.4	2:21.7	2:17.9
	400m				5:34.2	5:25.5	5:20.4	5:10.9	5:05.1	4:59.2	4:57.7	4:50.1

※参加標準記録を突破している証明書(スイムレコード等)を提出すること。

※②(10-11歳)区分の100m種目及び③(12-13歳)区分の200m背泳ぎ・200m平泳ぎ・200mバタフライ・400m自由形
400m個人メドレー・800m、1500m自由形は練習での記録を認める。